



It will take a community to get through this unprecedented time. The Kids with Cancer Society understands this more than ever before. Below is a list of resources we have gathered that could benefit you and your family during the COVID-19 crisis. Please check back as the list will be continually updated as new resources become available.

### **Coping:**

[How You and Your Kids Can De-Stress During Coronavirus](#)

[Parent/Caregiver Guide to Helping Families Cope With the Coronavirus Disease 2019 \(COVID-19\)](#)

### **Educational Resources and Activities for Children:**

[Just For Kids: A Comic Exploring The New Coronavirus](#)

[Coronavirus Support Activities, Stories & More](#)

[Resilience During a Pandemic](#)

[www.curio.ca](http://www.curio.ca)

<https://classroommagazines.scholastic.com/.../learnathome.html>

[List of Education Companies Offering Free Subscriptions Due to School Closures](#)

[30 Parents Share Their Favorite At Home Activities to Help Bored Kids](#)

[30-Day free access to the Digital Concert Hall](#)

[12 famous museums offering virtual tours](#)

[McHarper Manor Free Art & Craft Tutorials](#)

[TEDEd for free videos across all subject areas](#)

[National Geographic Kids](#)

[Learn languages for free](#)

[Storyline Online](#)

[Free colouring pages](#)

[Raising Edmonton](#)

[www.kiwico.com](http://www.kiwico.com)

[Kids help phone](#)

### **Talking with Children:**

[How to Talk to Your Anxious Child or Teen About Coronavirus](#)

[Coronavirus \(COVID-19\): How to Talk to Your Child](#)

[Talking to Your Kids about Coronavirus](#)

[Talking with children about Coronavirus Disease 2019](#)

[Talking to Children about COVID-19: Reducing Hysteria](#)

[Fight Flight Freeze: Anxiety Explained for Kids](#)

### **Health Tips:**

[Simple Steps to Boost Your Immune System](#)

[Hand Washing Video for Young Children](#)

### **Other Resources:**

<https://www.canada.ca/en/services/benefits/ei.html>

<https://www.canada.ca/.../depart.../economic-response-plan.html...>

[www.sharethegoods.ca](http://www.sharethegoods.ca)

<https://www.instacart.ca>