Monday June 28, 2021

Day six plus Ride for Legends: Ben and Mackenzie and all of the other kids that we all support.

Hi all: First of all I would like to acknowledge Kyle Patterson at Gas Alberta for an extraordinary effort to acquire me a new iPad to replace the one that just wasted away while on the trip. Kyle reconfigured the new device and drove to meet me at Innisfail on Sunday afternoon so that I could get back to my routine. Thanks so much Kyle.

We left from my home this morning at 06:45 to meet my long-time friend and super supporter of the Society Bob MacLean. Bob flew his Cirrus SR 22 from Jasper to Rimbey to support me on the bike for this day. We picked Bob up (pictures attached) and drove South to the Caroline area where I had finished my day on Friday. After a few photos, we set out for our 90 km journey to Rimbey which took us just under three hours at 33 klicks per hour. Bob has a fantastic new bike and he led the way for the day setting us up for an extremely quick ride for "aged challenged" riders.

Darren Weening of GLDC and I stayed in touch along the way, and he was surprised by our pace which put us ahead of schedule (and the heat) by the time we reached Rimbey. Darren was kind enough to meet us West of Rimbey and escort us to town. Once in town we stopped at the local ATB for a photo op with Joanne and her staff which was very nice. This stop was prearranged by Brett McNelly of ATB, who has been spearheading their support for the ride. Both Bob and I had ATB riding gear to wear so it worked out nicely on the day.

After our stop at ATB, we proceeded to GLDC for a facility tour and a wonderful barbecue hosted by their team including photos and an amazing ice cream cake see photo. I can't thank you enough for all of your kindness and support.

We proceeded to the air strip to send Bob on his way home and then travelled to Pigeon Lake prior to cycling over to Warburg, the home of Buck Mountain Gas Co-op.

After a brief rest I found myself wondering if I should go immediately to Buck Mountain or wait? I chose to leave quickly and although very concerned with the heat I must have been supported by the Kids or something as the wind switched to S.E. which is very rare around this area. Consequently, I rode that 25 klicks faster than I have ever done it before.

At Buck Mountain we were greeted by Barry and his team and after photos and a chat we visited and were presented with a very nice take away bag with lots of great goodies inside. Thank you very much to each and every one of you who took care of us on this great day.

Special thanks to Bob Maclean for all he does and for the company and support he provided on this very hot day.

Also a very special thank you to my partner Donna Osborne who has supported me on the rides for the last two years as driver and general extraordinary support person.

Len

Ride for Legends

DAY 6: MONDAY, JUNE 28 Cycling 126 kms in honour of ...





Ben is 5 years old and was diagnosed with a brain tumour in 2019.

Ben loves to play monster trucks, play outside with his younger brother and anything to do with construction.

In November, just as Ben was to finish treatment, a follow up test revealed that the tumour had grown requiring additional and aggressive treatment.

Ben will undergo therapy until May and then be assessed. His family is grateful to have Papa Ken's House in Edmonton, a place they can stay during his treatment.







Ride for Legends

DAY 6: MONDAY, JUNE 28 Cycling 126 kms in memory of ...





Mackenzie was re-diagnosed with AML in 2017.

She enjoyed hanging out with her friends, eating sushi and watching scary movies. Her favourite TV series was Supernatural. She enjoyed Social Studies and art class. Her favourite colour was purple.

Mackenzie's passion was ballet and to help other kids. When Mackenzie grew up, she wanted to be an actress and also to travel the world to help people.

Mackenzie was a warrior who will be forever missed but never forgotten.









<u>Ride for the Legends: Day 6, Caroline to Warburg (June 28, 2021)</u>



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